



ROOTED

Here I am, Lord. Remind me who I am.
I am loved. I am known. I belong to you.

- DAY 1 **EPHESIANS 1:3-4**
In what kind of things have you placed your identity—a job, money, etc. and how has it defined you?
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- DAY 2 **EPHESIANS 1:5-8**
What do these words describing God's character mean about who you are in his eyes: great pleasure, glorious grace, purchased, forgave?
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- DAY 3 **EPHESIANS 1:9-11**
Where in your life can you see significant change since you have been following Jesus?
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- DAY 4 **EPHESIANS 1:12-14**
What emotions do you feel when you read that the moment you believed, you were identified as Christ's own?
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- DAY 5 **EPHESIANS 1:15-18**
Do you allow God to fill your heart and mind with wisdom and insight about him?
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- DAY 6 **EPHESIANS 1:19-23**
How might you invite the power of God— the same power that raised Jesus from the dead and is available to you through Christ— into your current struggles?
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- DAY 7 **EPHESIANS 2:1-3**
How does your life in Christ look different from how it looked before you were confronted with your rebellious, worldly ways?
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- DAY 8 **EPHESIANS 2:3-5**
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- DAY 9 **EPHESIANS 2:6-7**
What does a life lived in the reality of union with Christ Jesus look like today?
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- DAY 10 **EPHESIANS 2:8-10**
What circumstances from the past prevent you from embracing the truth that you are new in Jesus?
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- DAY 11 **EPHESIANS 2:13-18**
What does it look like for Jesus to be your peace in your walking around everyday life?
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- DAY 12 **EPHESIANS 2:19-22**
When you reflect on your spiritual practices, how many are individualized and how many are communal?
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- DAY 13 **EPHESIANS 3:2-13**
When you close your eyes and imagine being in God's presence, what do you picture?
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- DAY 14 **EPHESIANS 3:14-19**
Who can you pray for this week using this passage in Ephesians?
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DAY 15 **EPHESIANS 3:14-21**
What do the prayers you bring to God reflect about your belief of his power to transform?

DAY 16 **EPHESIANS 4:1-4**
What spiritual practices help you grow in humility, gentleness, and patience?

DAY 17 **EPHESIANS 4:5-16**
In your current season of life, how is God inviting you to use the gifts has has given you?

DAY 18 **EPHESIANS 4:17-28**
What spiritual practices, relationships, and activities help you open yourself to the Holy Spirit so your thoughts and attitudes can be renewed?

DAY 19 **EPHESIANS 4:29-5:2**
Which of the attitudes and behaviors that Paul mentioned, do you sense God inviting you to examine in your life?

DAY 20 **EPHESIANS 5:3-14**
What was Paul getting at by contrasting impurity, greed, and coarse joking with thanksgiving?

DAY 21 **EPHESIANS 5:5-20**
What are the activities and thoughts you engage in that help you cope with the difficulties of your life but prevent you from being attuned to the Holy Spirit?

DAY 22 **EPHESIANS 5:21-33**
In what context is it most difficult for you to think about submitting to someone else?

DAY 23 **EPHESIANS 6:1-4**
Why do you think God places such high value on honoring our parents?

DAY 24 **EPHESIANS 6:5-9**
What does it look like to be a servant of Christ where You work?

DAY 25 **EPHESIANS 6:10-12**
Have you experience times when you could describe yourself as strong in the Lord or times when you have been weak?

DAY 26 **EPHESIANS 6:13-15**
In what areas of your life do you sense the devil scheming or strategizing against you?

DAY 27 **EPHESIANS 6:16-18**
When you give in to temptation, what are you not believing about either what God has said or what he has revealed to you?

DAY 28 **EPHESIANS 2:1-10**
As you reflect on the past 28 days, in which you've spent responding to whatever God has raise within you about your identity, what stands out to you?

