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WAYS TO HELP YOUR TEEN NAVIGATE THROUGH *CONFLICT* WITH OTHERS

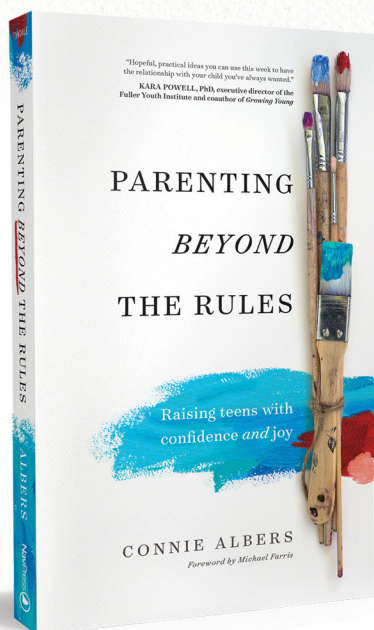
Break down the issue accurately
without inserting emotion

Consider areas they might have
misunderstood the other person

Think about the other person's perspective

Work to make the relationship better

Move toward people, not away from them



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CONNIE ALBERS spent 25 years parenting her five children and 20 years working with teens. She is a popular speaker and writer dedicated to strengthening families, parenting, homeschooling teens, faith-filled living, and leadership. Her practical content inspires and equips parents in the trenches. Connie has been a spokesperson for a Fortune 500 company as well as serving as a director and board member for a nonprofit state homeschool organization.

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